

**E-Collar 101 Presented by E-Collar Technologies and Ted
Efthymiadis.
www.ecollar.com**

Step by step homework for off-leash freedom.

Section One 7 days Objective:

Make the Tone fun!

- Register your E-Collar at www.ecollar.com.
- Do two sessions per day. 5 min per session. (In your house)
- Turn on your E-Collar and put it on your dog.
- Grab some treats.
- Say Come, tap the Tone button. Say Sit (no tone) and then say Yes and give a treat. (With a 4-6 foot leash on)
- (Walk backward if needed.)
- Say yes and give a treat every time your dog comes.

Section Two 9 days Objective:

Finding the subtle E-Collar level / E-Collar turns.

- Start by finding the lowest level your dog will feel.
- (Two days) Do two sessions per day. 5 min per session. (In the house, on leash)
- (Three days) Do two sessions per day. 5 min per session. (In the yard with long leash)
- (Four days) Do two sessions per day. 5 min per session. (On the road with long leash)
- Turn on your collar and put it on your dog. (Be sure you have a nice snug fit)
- As you walk, make quick 180 degree turns. Tap the Tone or Hold the Continuous button. Feel free to change the pattern of when you press Tone or Hold.

- For example. Turn one Tone, Turn two Tone, Turn three Hold, Turn four Tone, Turn five Hold, Turn six Hold, etc.
- Say yes and give a treat or praise every time your dog comes, make it fun!

Section Three 7 days Objective:

Basic Recall Fundamentals

- Start by finding the lowest level your dog will feel.
- Do two sessions per day, 5-15 min per session in the yard or at the park. (With a 15-20 foot leash on)
- Turn on your E-Collar and put it on your dog. (Be sure you're getting good snug fit, this is important from this week on)
- Say Come, tap the Tone button, encourage your dog for coming back and give them a treat. If they ignore the Tone and first command, repeat the command and hold down the Continuous button until your dog starts coming your way, then release the button and praise them. Treats and praise when they get to you. Say yes and give a treat every time your dog comes.

Section Four 7 days Objective:

Recall Proofing

- Start by finding the lowest level your dog will feel.
- Do two-three sessions per day, 10-30 min per session in the yard or at the park.
- Say Come, tap the Tone button, encourage your dog for coming back and give them a treat. If they ignore the Tone and first command, repeat the command and hold down the Continuous button until your dog starts coming your way, then release the button and praise them. Treats and praise when they get to you. Say yes and give a treat every time your dog comes.
- Start on a 20-25 foot long leash, when you are feeling comfortable you can let your dog grab the leash. Then transition to the Longer-Long-Line. (50-75 feet) When you are feeling confident go off-leash.